

STAY CONNECTED

Locality Newsletter

August 2021



Delivering children's early help and social care services across Northamptonshire

This newsletter focuses on the work of partner agencies, the voluntary sector and social enterprises which support children and families.

To find news from your local area click the link below.

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Public Health
England

Shake up your summer – Better Health Campaign



10 Minute Shake Up is back and aims to inspire children to rebuild confidence in being physically active and develop new and longer-term physical skills and most importantly, have fun!

Building on previous years' successes, Public Health England are teaming up with Disney to help get kids active throughout the holidays by playing 10 Minute Shake Up games, inspired by some of their favourite characters from Disney Frozen, Disney and Pixar Toy Story and Marvel's The Avengers.

If you are getting kids active this summer you can access these resources through the Public Health England website by visiting

[Ordering campaign resources](#)

[Digital and social resources](#)

[Downloading the Local Partner Activity Guide](#)

[Downloading a full communications toolkit](#)

Northamptonshire Sport HAF Summer Programme

Are you working with a family who is entitled to income related Free School Meals. If you are they can book onto the School Holiday Hunger and Activities Programme. These are fun activities happening across the county throughout the summer. The family should have received a code from their child's school but we know that in some cases this has not happened..

Children can get two weeks of activities with food provided!! If your family is entitled they or you need to contact haf@northamptonshiresport.org or gary.sheppard@northamptonshiresport.org and they will provide the family the code they need to book a place at the activity of their choice.

The website with what is on offer is available at HAF | Northamptonshire Sport the family can book their child(ren) on to the activities on this site

Northamptonshire Carers Self Advocacy for Parent Carers



**SELF-ADVOCACY
FOR PARENT CARERS**

Are you a parent carer of a child under 18 with SEN/D?

Would you be interested in learning more about:

- How to get the right support & how best to ask for it
- How to get you and your child's voice heard
- Your rights and the rights of your child



Then why not try one of our Introduction to Self Advocacy training sessions? You have a choice of:

- Wed. Sept 22nd 10am - 12 at our office, 123 Midland Road, Wellingborough, NN8 1LU
- Thurs. Sept 23rd 7pm - 9pm via Zoom
- Tues. Sept 28th 12 - 2 pm via Zoom

To register for one of these sessions, or more information, please contact Teresa Dobson on:
01933 677907 (Option 1) or admin@northamptonshire-carers.org

Depending on demand we may run a couple of follow-on sessions based on topics in the Self-advocacy Toolkit

Northamptonshire Carers registered charity supporting Carers countywide
Charity No. 1061417

Northamptonshire Country Parks 2021

Join our **LOVE**  **NATURE** event

A totally natural event, full of the things you love...

From stick sculptures to pebble art Slot booking times: 10.15-11.15am,

From 'I Spy...' trails to leaf garlands 11.30am-12.30pm or 1.30-2.30pm

From mirror images to natural imprints £15.00 per session

And much, much more! Max 2 adults & 3 children per booking

Booking essential via email only:

EducationRangers.NCC@northnorthants.gov.uk



Weds 28th July @ Barnwell - meet in the small wood
[near Mill Lake]

Weds 18th August @ Irchester - meet on the meadow
[next to the cafe]

Weds 25th August @ Fermyn - meet on the meadow
near the long grass maze [head up past the children's
play area and Red Kite climbing frame]

**This is an event for the whole family to stay and
enjoy together**

All children must be accompanied

Car parking charges apply

CountryParks
Northamptonshire

CAMHS Connect Training and Consultation Clinics

Course Title	Available Dates:
<p>Risk Assessment and Safety Planning Training</p> <p>This is a 3-hour interactive session providing an overview of important information to ask young people who are experiencing emotional distress and at risk of suicide or self-harm. We will look at what to consider to determine the level of risk that a young person presents with, and options for appropriate signposting. We will also review the practice of safety planning with young people and their parents/guardians.</p>	<p>Tuesday – 14th Sept 2021 Wednesday – 3rd Nov 2021 Tuesday – 14th Dec 2021</p> <p>(9:15 – 12.30pm)</p>
<p>Understanding Anxiety Training</p> <p>Understanding anxiety – This is a three-hour interactive session focusing on understanding the function and physiological process of anxiety and to learn practical strategies to support young people with anxiety</p>	<p>Monday – 20th Sept 2021 Friday – 12th Nov 2021</p> <p>(9:15 – 12.30pm)</p>
<p>Staff Well-being Training</p> <p>This is a 3 -hour interactive session providing an overview of mental well-being which addresses your own welfare and incorporates management strategies including challenging our thinking, activities to improve our well-being, and mindfulness.</p>	<p>Fri – 1st Oct 2021 Tue – 16th Nov 2021</p> <p>(9:15 – 12.30pm)</p>
<p>Self-Injury Training</p> <p>This is a 3-hour interactive session aiming to increase professional's knowledge of self-injury. We will look in depth at the different categories of self-injury, why young people may purposefully injure themselves and examine the self-injury cycle. We will also discuss how to support these young people (with a brief look at assessing risk) and explore coping strategies, safety planning and the options for further support.</p>	<p>Tue – 5th Oct 2021 Tue – 23rd Nov 2021</p> <p>(9:15 – 12.30pm)</p>
<p>Re-thinking Challenging Behaviour Training</p> <p>This is a three-hour interactive session focusing on origin of challenging behaviour and exploring new ways of thinking about and addressing challenging behaviour in young people</p>	<p>Tue – 12th Oct 2021 Mon – 29th Nov 2021</p> <p>(9:15 – 12.30pm)</p>
<p>Emerging Mental Health in the Context of Childhood Development</p> <p>This is a three-hour interactive session aiming to identify emerging mental health difficulties and how to support/make a referral for young people when needed</p>	<p>Tue – 7th Sept 2021 Mon – 18th Oct 2021</p> <p>(9:15 – 12.30pm)</p>

To Book onto the available training: please email: CAMHSConnectTrainingandConsultation@nhft.nhs.uk

With your name, Title, Organisation name, Mobile contact number & Email address.

Without this, we will be unable to book your training! Once booked we will send you a confirmation email.

CONSULTATION CLINICS

We also offer, 1hr Slot, Consultation Clinics for Professionals, only – who would like to discuss a young person they are working with for advice. The discussion will enable professionals to explore their concerns in more detail and begin to formulate a plan of support.

To Book, please email CAMHSConnectTrainingandConsultation@nhft.nhs.uk

You will be asked to complete a form and return it to us. Once received you will be called, with a selection of dates to book your Consultation; (so please provide a mobile contact number!!)

We look forward to receiving your emails for Training or Consultations

Peak Empower Summer Helping Hands Programme



SUMMER HELPING HAND PROGRAMME

Are you struggling to cover your food costs?

Want to take part in family cooking sessions online?

Looking for craft activities for the children to do?

Need a Autism wellbeing pack to help your child cope over the holidays?

We have spaces for 15 families to join our Summer Helping Hands programme which is fully funded by Constance Travis Endowment Fund managed by NCF. To apply please email saffy@peak-empower.co.uk



Northamptonshire
Community Foundation
Giving back to our county

Covid vaccination leaflet in multiple languages

Attached is a flyer from our health colleagues, promoting the COVID vaccination, location details etc, which has been translated in Polish, Romanian, Lithuanian and Bengali and Gujarati.



Translated COVID
Leaflet (002).pdf

Rights During Raids Online Event



Rights during Raids

The session will cover rights during immigration raids for those at risk of being raided or those prepared to act in practical solidarity. A free online event Friday 20th August 6.00-6.45pm. To book a space and to find out more please visit [Rights During Raids Tickets, Fri 20 Aug 2021 at 18:00 | Eventbrite](#)



BBO Building Better Opportunities – Mind services

Please find attached the following documents.

- BBO Poster 2021
 - This is our poster that explains generally what we do as service.
- BBO Support into Employment Mind Drop Ins
- BBO Timetable Corby/Daventry/Northampton/Rushden/Wellingborough
 - These two go together we hold a monthly drop-in service across the county, where we can offer advice and support in their development to improve their mental health and skills and the timetable lists the drop-in times for the next three months.
- Employability Course with Logo 2021
 - This is a course that we currently run online, hoping at some point to take this back to f2f but within the current guidelines we are staying online.
 - We run this course every month, so there is maximum a month wait.
- BBO Support into Employment Referral Form
 - This is the referral form that we need completing with his details and from this we would contact and start to offer him support.

To reiterate we can provide support to anyone in the following criteria:

1. Eligible to work in the UK.
2. Must be unemployed.
3. Aged between 16 and 65.



Hope for Families - Parenting courses

We are really pleased to announce that bookings for the majority of our autumn courses are now open! There are a range of courses and events coming up which we hope will be really useful to parents, carers and couples as they endeavour to build strong family relationships and increase their confidence as parents.

All of these courses and events will be held online via Zoom.

LEFT TO THEIR OWN DEVICES

This 2 hour session is designed to help parents and carers to safely navigate the online world with their children. This session is mainly aimed at parents of primary aged children.

Date and time: Monday 13th September, 9:30-11:30am

Cost: £7.50 per household including session notes, additional resources and goodies. Bursary places are available for parents who qualify (providing a 50% discount on registration).

To book please visit [Eventbrite Left to thier own devices](#)

THE MARRIAGE SESSIONS - SESSION 1

This 2-hour session is suitable for any couple - whether married or not! During this first session (Cherish), couples will take time to reflect on, build and enhance their relationship.

Date and time: Friday 17th September, 7:30-9:30pm

Cost: £10 per couple including session notes, additional resources and a date night goodie box. Bursary places are available for couples who qualify (providing a 50% discount on registration).

To Book please visit [Eventbrite The Marriage Sessions](#)

TIME OUT FOR PARENTS - THE EARLY YEARS

This 6 session course helps parents and carers of under-5s to navigate the early years with confidence and to build the foundations for strong relationships in the future.

Date and time: Monday evenings 7:00-9:00pm 4th October - 15th November (with a break for half term)

Cost: £15 per household including accompanying parent handbook (RRP. £9.99), additional resources and goodies. Bursary places are available for parents who qualify (providing a 50% discount on registration).

To Book please visit [Eventbrite Time out for Parents - The Early Years](#)

TIME OUT FOR PARENTS - CHILDREN WITH ADDITIONAL NEEDS

This 7 session course gives an opportunity for parents and carers of 3-11 year olds with a disability or additional needs to share and support one another. Each session focuses on helping you to meet your child's needs.

Date and time: Tuesday evenings 7:00-9:00pm 12th October - 30th November (with a break for half term)

Cost: £17.50 per household including accompanying parent handbook (RRP. £9.99), additional resources and goodies. Bursary places are available for parents who qualify (providing a 50% discount on registration).

To Book please visit [Eventbrite Time out for Parents Children With Additional Needs](#)

Enfold Autism Support Service

We are launching our newly created website and online resources. To find out more please visit [Enfold](#)



Autism support service.pdf



Autism Training flyer.pdf

Wheelchair Tennis

An initiative, aimed at inspiring, attracting and engaging new people with physical impairments into Wheelchair Tennis. Engaging the next generation to participate in this sport and join talented players like Dermot Bailey from Northamptonshire who will be representing Great Britain in the Paralympics.



Wheelchair Initiative Poster #1.pdf



Wheelchair Initiative Poster #2.pdf



Wheelchair Initiative Poster #3.pdf

Northampton Town Festival

HOT AIR BALLOONS • GIANT FUNFAIR • LIVE MUSIC • FIREWORKS • LOCAL TRADERS • LOCAL PRODUCE • FOOD • BARS
HOT AIR BALLOONS ARE WEATHER DEPENDENT

£1.80 ENTRY **CAR PARK** **FOR MORE INFO**
KIDS UNDER 1M GO FREE CHARGES APPLY **facebook**

NORTHAMPTON TOWN Festival

FRI 6TH AUG **SAT 7TH AUG**
4PM - 11PM 11AM - 11PM

SUN 8TH AUG
11AM - 11PM

KETTERING RD • NORTHAMPTON NN1 4LG **SHOWTIME EVENTS**
www.northamptontownfestival.com

Northampton Town Festival will be returning to the Racecourse on 6th August, 7th and 8th August for a family fun filled weekend including famous giant funfair, hot air balloons, live arena entertainment, live music, local traders, food and drink and much more. **Free** entry for all on Friday 6th August, children under 1 metre go free. Fire works on the Friday and Saturday evenings, Hot air balloons, live music, giant funfair.



Delapre Abbey Re-enactment Weekend

The Not so Civil War on the 21st and 22nd of August. 11am-4pm.

There will be cannons, living history encampments, a drill display and see Northampton in the 1640's come to life. Under 18's go free with any full paying adult (£5). To book tickets please visit [The Not So Civil War at Delapre Abbey event tickets from TicketSource](#)

SOUTH NORTHANTS AND DAVENTRY

Youth Inspire - summer activities

**Getting
involved
at the
allotment**



**For information
and to book
a place**

**Email :
jenny@cypn.org**



**12th August
2021**



SUMMER ACTIVITY SESSIONS

MONDAY 2ND AUGUST
9AM LITCHBOROUGH PARK
2PM HARTWELL COMMUNITY CENTRE

TUESDAY 3RD AUGUST
2PM SPRATTON RECREATIONAL FIELD

WEDNESDAY 4TH AUGUST
9AM LITCHBOROUGH PARK
2PM HARTWELL COMMUNITY CENTRE

THURSDAY 5TH AUGUST
2PM SPRATTON RECREATIONAL FIELD

FRIDAY 6TH AUGUST
9AM LITCHBOROUGH PARK
2PM HARTWELL COMMUNITY CENTRE

email sarah@cypn.org
to book a place
or download the
Playwaze app



All sessions are free and include a meal

Free Duston

Summer Activities

Tuesday 3rd August - Outreach fun!
11am - meeting at Limehurst Square (shops)

Thursday 5th August - Community Litter Pick!
11am - meeting at the Community Centre

Thursday 12th August - Allotment visit!
Email Jenny@cypn.org to book a time for the allotment

FREE SNACK & DRINK

For ages 11+
email sarah@cypn.org to book a place

Brackley Town Youth Club

BRACKLEY TOWN YOUTH CLUB

At Brackley Town Football Club
Every **FRIDAY** from 30th July



TIME: 7PM - 8.30PM
AGE: 13 - 15 YEAR OLDS
PRICE: FREE!

Activities will include music, craft,
games, sport, meeting new friends and
a tuck shop!



Brackley
Town
Council



West
Northamptonshire
Council

BRACKLEY UNITED FEOFFEE CHARITY

To book your place please email: pennyembden@youth-engagement.co.uk
www.youth-engagement.co.uk

Sports4Fitness CIC Summer Send Activities



The poster features a yellow and green background with a sun and people icon at the top left. The text 'Summer SEND Activities' is prominently displayed in blue and yellow. Below it, social media icons for Facebook, YouTube, Twitter, and Snapchat are shown. A cartoon star character is on the right. The text describes the activities as multi-sport for families during school holidays. It lists the venue as The Avery Pavilion in Moulton, Northampton. The price is £1 per child, with 15 spaces per session for children aged 5 to 16. The schedule includes sessions on 23 July, 28th July, 2nd, 4th, 9th, 10th, 16th, 20th, and 23rd August, and sessions on 11th & 13th August, and 25th August. Three images at the bottom show yellow balls, a blue and yellow obstacle course, and a blue and red obstacle course.

Summer SEND Activities

Multi - Sport Activities For The Whole Family
During the School Summer Holidays

Venue: The Avery Pavilion
Fernie Fields, Moulton
Northampton, NN3 7BD

Price per child £1
15 Child spaces per session (5 years to 16 years)

23 July & 28th July 12:00pm - 1:30pm & 2:00pm - 3:30pm
2nd, 4th, 9th, 10th, 16th, 20th & 23rd August 4:00pm - 5:30pm
11th & 13th August 10:00am - 11:30am & 12:30pm - 2:00pm
25th August 12:00pm - 1:30pm

To Book your place visit
Website: www.sport4fitness-cic.co.uk
Email: info@sport4fitness-cic.co.uk
Check Our Social Media - Facebook & Twitter

NORTHAMPTON



Prince's Trust Princes Trust Northampton South Team Programme – recruitment now open for September

Please find attached **Prince's Trust Northampton South Team** dates for the 2021-2022 cohorts.

The programme will be going back to normal from September and we will be going on a residential as long as there are no changes.

Recruitment is now open for the **September team** which is due to start on the **20th September 2021** if you know of any young people whom may benefit from team please pass my details onto them or I am

happy to contact individuals to give more information. I am also available to do group talks/ home visits and appointments at the team room for young people who want to find out more.



N.South Poster
2021.docx

Weston Favell Foodbank School Uniform Swop Shop



SWAPSHOP

SCHOOL UNIFORMS ONLY

grey/black trousers • shorts • skirts
pinafore dresses • summer dresses
white shirts • white & coloured polo shirts

THURSDAY 5th AUGUST
10am TILL 1pm
AT WESTON FAVELL FOODBANK

All swap items / donations to be clean and in good condition,
please mark ages and pack in see through bags if possible.
Swap items and donations to be collated at Weston Favell Foodbank.

Tokens will be issued one per 4 items.
Token can then be exchanged for uniform items, one per 4 items.
Tokens can be bought for £1 in exchange for 4 items per token.



phone: 07467 074296
email: info@westonfavellcentre.foodbank.org.uk
facebook: www.facebook.com/favellfoodbank

Bradlaugh Summer Fete



**Bradlaugh
Summer Fete**
Saturday August 7th 2-5 pm

A CELEBRATION OF NATURE AND COMMUNITY
Information stalls from wildlife and environmental organisations

Children's Area
Games, Puppets, Bouncy Castle

Music
Northampton Ukulele Group 2.00-3.30pm
United African Association Drummers 3.30-5.00pm

Bradlaugh.org 

Refreshments from Bradlaugh café and Mario's ice-cream

Social Action C2C Children's Gardening Club

Children's Gardening Club

C2C Social Action is opening its allotment garden for children and their parents/carers over the summer holidays.

Children will have a chance to see how an allotment works, take part in a gardening activity, try and take home some fruit and vegetables and have some fun!

Dates: Tuesdays in August from 10am-12pm

Tuesday 3rd August 2021

Tuesday 10th August 2021

Tuesday 24th August 2021

Tuesday 31st August 2021

Where: C2C's allotment garden in Kingsthorpe, Northampton

To book a place for you and your child, or to find out more information, please contact:

Sophie Griffiths, Outdoor Learning and Support Worker

Mobile: 07885 685781

Email: sophie.griffiths@c2csocialaction.com

A drink and snack will be provided.

Parents/carers will be expected to supervise their children at all times.



Summer Fun at Brookside Community Hub



SUMMER FUN! FOR EVERYONE

At Brookside Community Hub

- ◆ Mondays drop-in between 10:00 and 12:00
- ◆ Wednesdays Health and Wellbeing, 9:00 to 10:00 and adult craft group 10:00 to 12:00
- ◆ Thursdays gardening and knitting club between 10:00 and 12:00. Adults only

Find out more from Danielle at the Hub.

Brookside community Hub
Brookside Hall
Billing Brook Road
Northampton
NN3 8NP

Tel: 07562100945

Email: danielle@growingtogether.org.uk

Registered Charity No 1107071

Company Registration No 7087848

Party / FISH

Wednesday 4th August

13:00 to 15:00

And

Wednesday

1st September

13:00 to 15:00

FREE Family Fun

every Monday from
26th July

13:00-15:00

and

every Wednesday from
28th July

11:00-13:00

Children must be
accompanied by an
adult



Summer Fun at Blackthorn Community Centre



SUMMER FUN AT BLACKTHORN COMMUNITY CENTRE

FROM TUESDAY 27 JULY

Holiday Club

Monday to Thursday for 2 weeks starting Monday 9 August for children aged 4—10

£10 per day including free lunch.

Ring 01604 411166 to find out more

TUESDAYS

Food in School
Holidays FISH every
TUESDAY 12—2

THURSDAYS

Activities for children
something different
every week 1—3pm

Children must be
accompanied by an adult
over 18

BLACKTHORN COMMUNITY CENTRE
LONGMEAD COURT
Northampton
NN3 8QD

Tel: 01604 411166 email info@growingtogether.org.uk

MORE DETAILS ON OUR FACEBOOK PAGE!



Registered Charity No 1107071

Company Registration No 7087848

NDAS Teddy Bears Picnic

Central Abington Park, Northampton
(next to the Band Stand)

NDAS

Musical entertainment from the bandstand

Join our

TEDDY BEAR'S PICNIC

with the Mayor
from 2.00 - 5.00pm

50p kids raffle

Remember to bring food and a picnic blanket

Sunday 8th August

Donations Welcome - All proceeds go to NDAS (The Mayor's charity)

EAST NORTHANTS



Jumping Jax Family Sessions

Just for the summer holidays older children can come and play with their younger siblings. All children up to the age of 11 can enjoy the fun of a jumping jax session. 150 mins of play for £5 per child. To book please ring 01933 350324. At the Pemberton Centre Rushden.

Xplorer Summer Events



North
Northamptonshire
Council



freedomleisure
where you matter

XPLORER Summer Events

N O R T H N O R T H A M P T O N S H I R E

Xplorer is a family friendly fun navigation challenge that is educational and gives children a sense of adventure as they explore their local park.

Monday 9th August 2021

Thrapston (Peace Park)

Tuesday 10th August 2021

Rushden (Hall Park)

Wednesday 11th August 2021

Irthlingborough (Central
Recreation Ground)

Thursday 12th August 2021

Oundle
(New Recreation Ground)

All events between 10am to 12pm

Booking is essential and must be completed by emailing
Christopher.Bryden@freedom-leisure.co.uk

Only £1 per child | Cash only



Important Covid-19 Information Regarding Booking

In light of the ongoing Covid-19 restrictions and after seeking advice from British Orienteering, Freedom Leisure have implemented the following control measures to ensure a safe event can be held.

- Booking is essential and can only be completed by contacting Christopher.Bryden@freedom-leisure.co.uk
- Upon booking, you will need to state which timeslot you would like to attend each event
- Each event will have 8 timeslots, 10am, 10.15am, 10.30am, 10.45am, 11am, 11.15am, 11.30am and 11.45am.
- Only 4 families will be permitted per 15 minute to ensure staggered starts
- You will have 30 minutes to complete each course

The information provided above is correct guidance in line with government restrictions around Covid-19 at the time of marketing.

Irthlingborough Scouts



Why not come along to Parsons Green on

Saturday 7th August 2021
From 11am - 2pm

Pick up and enjoy a **FREE** Hot Dog or Burger
(Courtesy of the Scouting Group)
Bring along your Parents, your brothers and
sisters to join in!

Find out more about when Beavers, Cubs and
Scouts start meeting again

Junior Dodgeball Pemberton Centre



junior dodgeball

thursdays 9 sept - 16 dec 2021

(only during term time)

4 - 5pm: 7 - 13yrs

5 - 6pm: 13yrs+

14 week course

7 - 13yrs: **£39**

13yrs+: **£26**

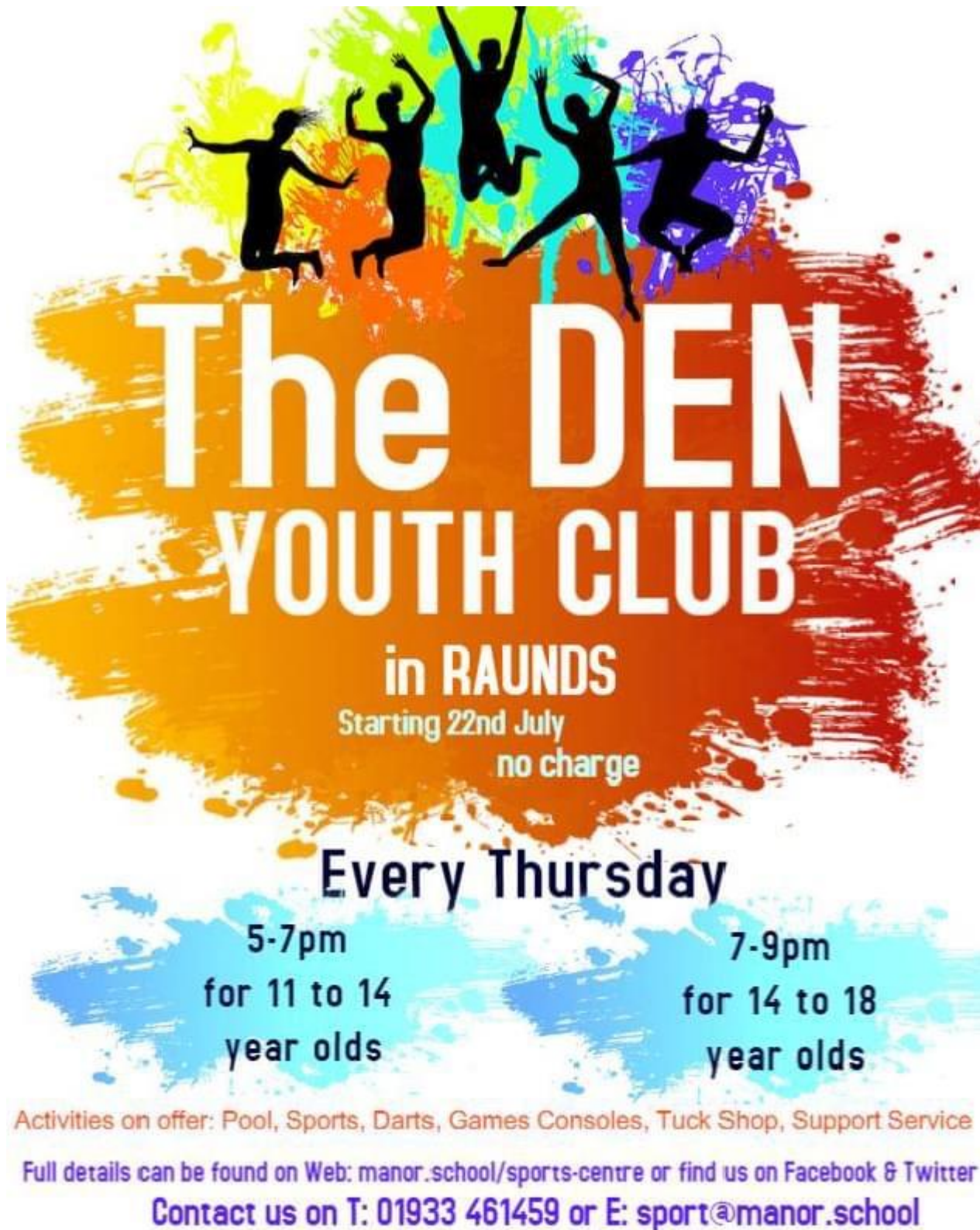
For more information please contact:
Beca Anniwell - Junior Dodgeball Club Coach
beca.anniwell@freedom-leisure.co.uk

to book contact:
the pemberton centre
01933 350324

www.freedom-leisure.co.uk



The Den Youth Club Raunds



The DEN YOUTH CLUB

in RAUNDS
Starting 22nd July
no charge

Every Thursday

5-7pm for 11 to 14 year olds	7-9pm for 14 to 18 year olds
------------------------------------	------------------------------------

Activities on offer: Pool, Sports, Darts, Games Consoles, Tuck Shop, Support Service

Full details can be found on Web: manor.school/sports-centre or find us on Facebook & Twitter

Contact us on T: 01933 461459 or E: sport@manor.school

WELLINGBOROUGH

Service Six Art Competition and Work Shops

Competition Time. Launchng in collaboration with The Lowdown, KidsAid, Peak Empower, High Sheriff with support from the University of Northampton an Art Competition and Art workshops. Ther will be various ages groups but here at Service Six we will creating Art with 10-14 yer olds. Please get in touch to take part by contacting either our office on 01933 277520 or Freyja 07483066457.

Supported by The High Sheriff of
Northamptonshire, Amanda Lowther DL

2021 ART COMPETITION AND EXHIBITION

with help from The Lowdown; Service Six; University of
Northampton; Faraway Children's Charity; The Crystalys Foundation;
Peak Empower and KidsAid



**THE COMPETITION WILL RUN FROM 26TH JULY TO 29TH
OCTOBER. ALL WORK WILL THEN BE EXHIBITED AT THE
UNIVERSITY OF NORTHAMPTON WHILE BEING JUDGED.
ALL CONTESTANTS WILL BE INVITED TO ATTEND THE EXHIBIT.**

TITLE OF PIECE: 'The future through your eyes' - we want to know how you see the future, whether your personal future or the world as a whole.

MEDIUMS YOU CAN USE: We will be providing several different art packs which include acrylic paints, pencils, crayons, canvases and guides to help you take professional-quality photos on your phone. You may also use computer graphics.

AGE GROUPS: There are four age groups, 0-7, 7-10, 10-14, 14-18 (14-25 for those with learning difficulties).

WORKSHOPS: Throughout the summer holiday Service Six will be running workshops for teenagers and Kidsaid & Peak Empower will be running workshops for younger children. Over the October half term The University of Northampton will be providing workshops for older children. During this period Artworks will be running online workshops for those with learning difficulties. All of these must be booked in advance with the relevant organisations.

ONLINE VIDEOS: For those of you who may need some inspiration 'Crafts by Kate' will be providing videos on how to make a future robot and painting using fingerprints.

ART PACKS: You can pick up the packs when you attend a workshop or contact the organisation who referred you to arrange pick-up.

HOW TO SUBMIT: When you are ready please fill in a form with your details and submit it with your piece of work to the organisation who referred you. Artwork should be no bigger than A4.

PRIZES: There will be a range of prizes including family days out and there will be a special High Sheriff's Award certificate.

With thanks to The University of Northampton, The Northampton Community Foundation and Faraway Children's Charity for sponsoring this project



Asha Deep Well-Being Mela

Sunday 15th August, 12-5pm at the Hindu Community Centre, Highfield Road, Wellingborough. There will be Free health checks, Complimentary Therapies, Kids Corner, Acting workshops for young people, snacks and drinks, live performances on stage and information on local services. All the information is in the poster below.



Wellbeing Mela -
15th August 2021 FI

Wellingborough Pantomime Society

If you fancy having an audition for the next pantomime please contact by email to wellingboroughpantomime@outlook.com or message us through our Facebook page [Wellingborough Pantomime Society - Home | Facebook](#) Children have to be aged over 8 to take part.

WELLINGBOROUGH PANTOMIME SOCIETY PROUDLY PRESENT:

DICK WHITTINGTON

Written by Ben Crocker

Directed by Spencer Barlow

Musical Director: Adam Hollingshurst Choreographer: Mary Hollands

AUDITIONS:

All to take place at All Hallows Church Hall, Wellingborough.

CHORUS (all ages) – Saturday 18th September 12:00pm

PRINCIPALS – Saturday 18th September 13:30pm (registration) 14:00pm Auditions

JUNIOR DANCERS – Sunday 19th September 12:00pm

SENIOR DANCERS – Sunday 19th September 14:00pm

Rehearsals Start Monday 27th September

Principals – Mondays 7:15pm

Chorus – Wednesdays 7:15pm

Dancers – Fridays (Juniors 6:30pm, Seniors 7:30pm)

A call sheet for principals will be distributed at the first read through on Monday 27th September and for Chorus on Wednesday 29th September

Victoria Centre Afterschool Club

We pick up from All Saints Primary academy and Victoria Primary Academy open for bookings for September.



The poster features a dark wood-grain background with a green border. At the top left is a white silhouette of a bird in flight. The title 'Victoria Centre After School Club' is prominently displayed in white and pink. Below the title, a white box lists the schedule: 'Monday - Friday weekly', '3.15 - 4.30', '4.30 - 6.00', and '4-11 year olds'. A purple box states 'Limited space. First come, first served basis.' A red box at the bottom left shows pricing: '3.15 - 4.30 - £5.00' and 'After 4.30 - 6.00 - £8.50'. An orange box at the bottom right promotes an 'Online booking system available!' with the instruction to 'Sign in or simply register to book your sessions' and provides the URL 'https://victoria-centre.childcare-online-booking.co.uk'. Three photographs show children engaged in various activities: building with colorful blocks, sitting at a table with a book, and playing in a grassy field.

Victoria Centre **After School Club**

Monday - Friday weekly
3.15 - 4.30
4.30 - 6.00
4-11 year olds

Limited space. First come, first served basis.

3.15 - 4.30 - £5.00
After 4.30 - 6.00 - £8.50

Online booking system available!
Sign in or simply register to book your sessions :
<https://victoria-centre.childcare-online-booking.co.uk>

Little Connections Baby, Tots and Carers Group

St Mary's Bozeat

LITTLE CONNECTIONS

Reopening on 19th July

Meeting right through the summer holiday



Baby, Tots & Carer Group

Bozeat Church Community Hall, Allens Hill NN29 7LW

Mondays 9 - 11am

Cereals, pastries, fresh fruit, tea, coffee, etc

Toys, Activities, Crafts, Singing & Stories

Linda: 01933 665831 / 07846 217633 Jo: 07906 206680

Entrance £1 per family - Breakfast extra



family support link

Family Support Link – I Matter Too!

In Wellingborough Tuesday 24th August – Friday 27th August. For more details please email contactus@family-supportlink.co.uk

Alongside the content that we will be delivering ourselves such as staying safe and emergency planning, addiction and habits, relationships, etc., these are a few of the fun activities that we have lined up -

Northampton Saints Foundation will be joining us to deliver a session to help the young people get active.

Northamptonshire Association of Youth Clubs will be bringing fun games and activities

A First Aid Workshop to learn some basic first aid skills.

The only criteria are that the young person is aged between 9 and 4 years and impacted by another person's substance misuse.

I MATTER TOO!

Family Support Link invite you to "I Matter Too" this summer..

"I Matter Too" is a 4-day group for people aged 9 - 14 ~ anyone affected by a loved one's alcohol/drug misuse.

Full of activities, fun and a chance to meet lots of other young people.

Northampton Mon 2nd August - Thurs 5th August.
Wellingborough Tues 24th August – Fri 27th August.

For more info email us at:
contactus@family-supportlink.co.uk
General Enquiries: **01933 224632**

KETTERING

Kettering Under 7's Rugby

Please note that we need to work with current Covid guidance from RFU, national and local guidance at all times.

Training Session for KRFC Under 7s team (Blue Sharks). (School Year 2)

All new players welcome and the first 3 sessions are free for all age groups to give you and your child a chance to figure out if it's right for you before joining. Come along and learn how to play rugby in a friendly, safe and fun environment at a family orientated club.

If you have a child who may be interested in playing rugby and was born between 1st Sept 2013 and 31st August 2014 then please email natalie.fallon@ketteringrugbyclub.com to find out more info or turn up at a training session on Sundays from 9.30am to 10.30am and ask for the under 7s team or look out for our flag.

Our coaching philosophy is focused on enjoyment, participation, and building team spirit and we are always keen to welcome new members into the squad.



Come Join Us?

Are you aged 10½ - 14 years?

Do you want to **explore** new activities?

Make a difference to your community?

Learn new **skills**?

Join us as we... **Camp**, Canoe, try **Archery**,
play **Wide Games**, incident **Hike**, Craft,
Junk Model, Build Fires and **Backwoods Cook**,
Orienteer, take part in **Survival Camps**, explore new **Cultures**,
Play Sport and get opportunities to
Travel the World...

Help to... Create bird boxes for the community,
Fundraise, work with **Charity groups** helping others,
and **Much More...**

Raring to get involved? What is stopping you?

We meet on:

Wednesday evening's 7.30 – 9pm

(Term Time Only)

at Isham Village Hall

(unless otherwise stated)

Please contact ishamscouts@gmail.com

Or further information

www.northantsscouts.org.uk

Or www.scouts.org.uk



Tiny Tots – St Giles, Desborough

This Church run group for children under 5 will continue over the Summer.
It will be on every Thursday at 2pm at the Community centre / behind the community centre.

There is no need to book so just turn up and feel free to bring your older children too. We will need you to fill in a register when you arrive for track and trace purposes.

We will continue to observe social distancing guidelines.

Summer Holiday Activities at Desborough Library and Community Hub

Illustrations © Heath McKenzie 2021



Desborough Library and Community D'HUB

Summer Holiday Activities

Date	Activity	Time	Age Range	Booking Required
Sat 24 th July	Launch Day Activities	10-1pm	All	NO
Mon 26 th July	Steve the Magician	11am 	All	YES
Mon 2 nd Aug	Looking Glass Theatre, Story Telling and Puppet Show.	11am 	All	YES
Tues 3 rd Aug	Friends Camping Themed Craft Activity	1:30 – 2:30pm 3-4pm	4-12s	YES
Mon 9 th Aug	Steve the Magician	11am 	All	YES
Thurs 12 th Aug	Friends Farm Themed Craft Activity	1:30 – 2:30pm 3-4pm	4-12s	YES
Mon 16 th Aug	Looking Glass Theatre, Story Telling and Puppet Show	11am 	All	YES
Tues 17 th Aug	Friends In the Park themed Craft Activity	1:30 – 2:30pm 3-4pm	4-12s	YES
Thurs 26 th Aug	Friends Transport Craft Activity	1:30 – 2:30pm 3-4pm	4-12s	YES
Fri 27 th Aug	Friends On the Beach themed Craft Pack	Pack to collect	4-12s	YES

All sessions are FREE, donations are welcome.
Please book via desboroughcml@gmail.com, Facebook messenger or call on 01604 368169.
Please include child's name, age and a contact number.
Under 8s must be accompanied by an adult.



Mind Kettering **Student Mental Health and Well-being**

Student Mental Health and Wellbeing Service for students 16 years or older studying at 6th form, college or University who are looking for mentoring support to help them cope with student life. We aim to offer this support for young people who live in Kettering and surrounding villages (though could be studying somewhere else during termtime)



Student Support
MIND Kettering.pdf

Pleasure Park Community Festival



Bonkers Play House

Presents Men of the World by Cytringan Players 17th August – 21st August. Tickets are £10 each available from 01536 601160. All performances start at 7.30pm

Cytringan Players present ...

Men of the World



Tuesday 17th to Saturday 21st August 2021


BONKERS PLAYHOUSE
27 Victoria Street
Kettering
NN16 0BU

Tickets £10
Available now from
Box Office: 01536 601160
<https://bonkersplayhouse.co.uk>

Performances 7.30pm
Contains adult material

Larry, Stick and Frank, three coach drivers, share their experiences of passengers on previous trips to exotic locations such as Folkestone, and getting stuck in the Channel Tunnel for hours. The affection, frustration and black humour in their observations emphasises that you can take the lad out of Yorkshire, but not Yorkshire out of t'lad.

This amateur production of Men of the World is presented by arrangement with Samuel French Ltd, a Concord Theatricals Company *noda*

The Green Patch Health and Well-Being Thursdays



JOIN US AT THE GREEN PATCH FOR

HEALTH & WELLBEING THURSDAYS

10-2 VOLUNTEER GARDENING

10 - 11 HEALTH WALK

11 - 12 YOGA, MEDITATION & BREATHING

1.30 - 2.30 PILATES WITH KATIE

ALL ACTIVITY SESSIONS ARE FREE TO JOIN (OR OPTIONAL SMALL DONATION)
REFRESHMENTS AVAILABLE ALL DAY

PLEASE GET IN TOUCH TO FIND OUT MORE

Email polly.shackleton@groundwork.org.uk or call 07936 941056



For more information please get in touch with Polly 07936 941056 or email polly.shackleton@groundwork.org.uk

CORBY

Health And Well-Being Festival



Corby Health and Wellbeing Festival

2nd to 8th August

Take time to take care of YOU



This August sees the return of Corby's Health and Wellbeing Festival. It is bigger and better than ever! There is something suitable for all the family and people of all ages. For more information please visit [Corby Health and Well-Being Festival](#)



B-Active B-Positive
B-Inspired Family Fu

NRG Inclusive Activity Club

NRG
Inclusive Activity Clubs

NRG Activity Club 8-18yrs
Hazelwood Neighbourhood Centre Corby
Saturdays 1.30pm – 3.30pm (Drop by)

- *Crafts
- *Music
- *Walks
- *Sports
- *Discos
- *and lots more...
- *Games
- *Parachutes

NRG Multi-Sports Club 15yrs+
Lodge Park Sports Centre Corby
Thursdays 5pm – 6pm

- *Archery
- *Boccia
- *Football
- *Netball
- *and much more....
- *Fencing
- *Cricket
- *Basketball
- *Tennis

£3.50
or part of JLC Membership

If additional support is required, parent or carer will be required to stay during the session

For More Information Contact:
01536 464047 www.corbyleisure.co.uk
Sportsdevelopment.cbc@northnorthants.gov.uk

North Northamptonshire Council

For more information please ring 01536 464047 or email sportsdevelopment.cbs@northnorthamptonshire.gov.uk

Summer Survival Skills for Children



Learn basic survival skills in our private woodland at
Fermyn Woods Country Park
shelter building, fire lighting, foraging, tool use



Book your session on
6th, 20th or 27th August 2021
at 10.30-12pm or 1-2.30pm

£10 per child
Suitable for children aged 5-12
Children must be accompanied by an adult

To book your place email
educationrangers.ncc@northnorthants.gov.uk

Usual car parking charges apply



CountryParks
Northamptonshire

Your Community Connectors are here to help, please get in touch
communityconnectors@nctrust.co.uk