

Community Mental Health & Wellbeing

21st May 2014

Healthwatch

Richard McKendrick

Chief Operating Officer – NHFT

& Team

Strategic Context

- National Strategy – No Health Without Mental Health
- Northamptonshire Mental Health Strategy 2009
- NHFT Mental Health Public Consultation 2010/11
 - Locality based services
 - Single Point of Contact
 - Secondary/Primary rebalance
- Healthier Northamptonshire
- Commissioning intentions:
 - Nene & Corby Clinical Commissioning Groups
 - Northamptonshire County Council

Better Health, Better Care, Better Value

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Improve
Wellbeing

Whole population
& vulnerable
groups

Enhanced
Primary &
Community
MH services

Specialist
services -
complex needs &
support to primary
care

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Community Specialist Mental Health Service

- Focused on mental health recovery care-pathway
- Sensitive to users needs
- Providing improved health and social outcomes
- New styles of working that support a creative and therapeutic culture
- Strengthen the range of direct therapeutic interventions required to support recovery and enhance social capital
- Focused staff job plans based on the level of activity (face 2 face contacts)
- Effective and efficient use of resources

Proposed Structure

5 Locality based specialist community teams will be lead by a Clinical Team Leader, these teams will be:

- Kettering & Corby Locality
- Wellingborough & East Northants Locality
- Daventry & South Northants
- Northampton Locality (a)
- Northampton Locality (b)

Review and Refocus

- Case Management
- Skill Mix
- Job plans to improve effectiveness and efficiency
- 5 face to face contacts per day
- Rural v Town variations
- Ratio of home visits to clinic/group appointments
- Enhance the use of technology

Review and Confirm

Review and Validation of current caseloads

Review and Validation of average Face 2 Face contacts:

- 40% weekly contacts
- 40% fortnightly contacts
- 20% monthly contacts

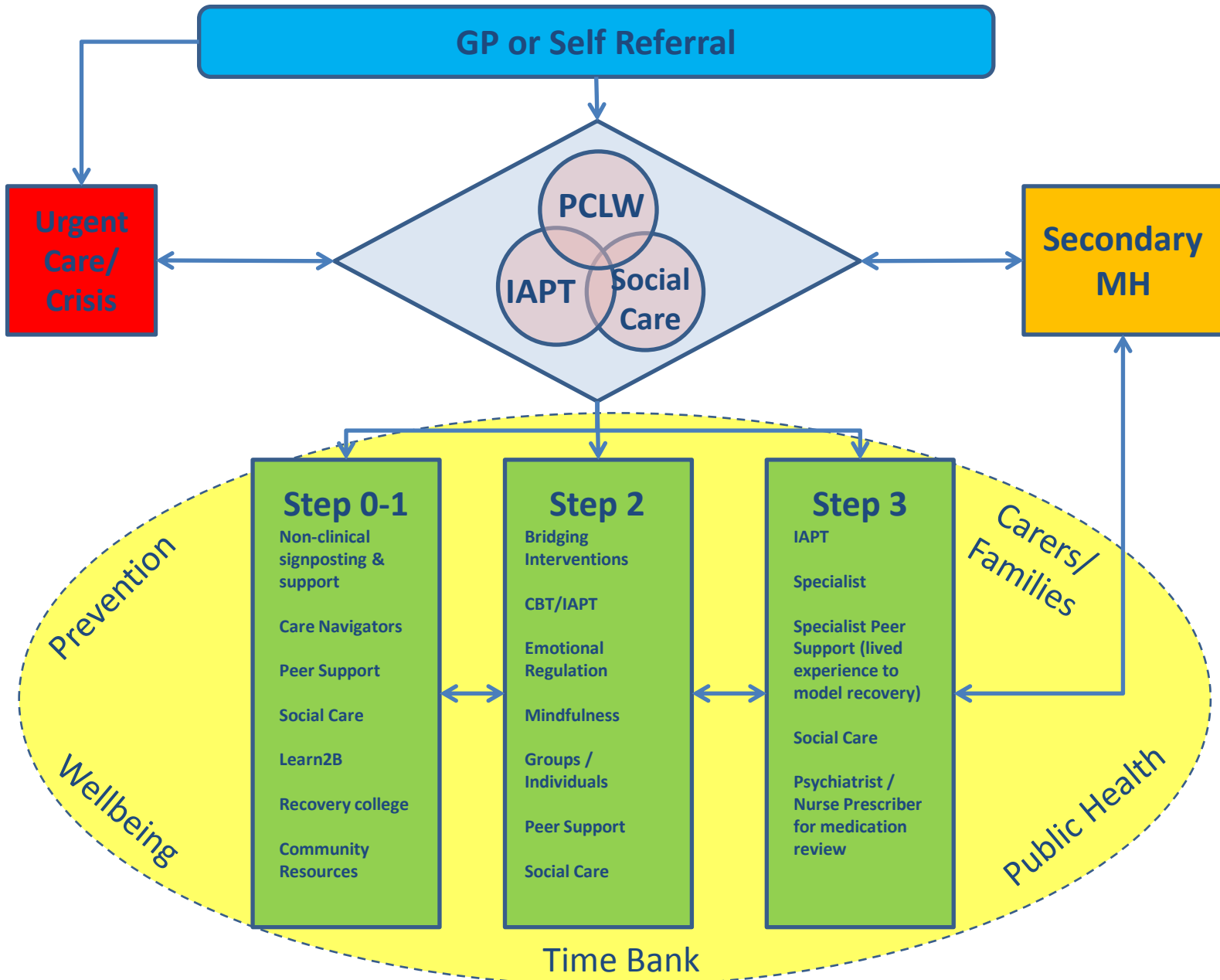
Review current staffing levels and skill mix

Forecasting caseload & activity based on 5 Face 2 Face contacts per day and the number of contacts in a month

Proposed Changes

- **Mental Health Services Model**
 - **Phase 1 - Primary Mental Health Team**
 - Primary Care Liaison Workers
 - GP Practice
 - In-patient Consultants
 - Crisis Resolution & Home Treatment
 - **Phase 2 - Specialist Mental Health Team**
 - Single Pathway Working
 - Case Management
 - Skill mix
 - Clinic based Interventions
 - Therapeutic Group Interventions
 - Enhanced use of Technology
 - Collaboration with Voluntary & Community Sector

Mental Health Gateway



Summary

- Move Secondary Resources to Primary Care
- Refocus Community Teams
- Better outcomes
- Voluntary Sector and Community Collaboration
- More effective
- More efficient

The Team

Des McMorrow – interim Deputy Director (mental health)

Jayne Scanlon – General Manager (mental health)

Pina Sammarco – Mental Health & Wellbeing

Paul Flecknoe – Head of Psychological Therapies