

Young Healthwatch Northamptonshire 2017/2018



it starts with

YOU

Supporting
NHS 70

healthwatch
Northamptonshire

About Young Healthwatch Northamptonshire

We are a group for young people aged 11-24 in Northamptonshire to have a say on health and social care issues. It allows young people in Northamptonshire to have a say and make their voices count. Our role is to influence better health and wellbeing and improve the quality of services. We report our findings to decision makers.

We now meet every 6 weeks, we meet new friends, learn new skills and really make a difference in Northamptonshire.

Our role is vital to ensure that children and young people's voices are heard too!



Young Healthwatch Relaunch

Reforming Young Healthwatch in Northamptonshire



In October Young Healthwatch Northamptonshire held a relaunch event. This was an event that was designed by young people and would mark the start of a new way of working together for Young Healthwatch Northamptonshire. On the day there were activities including and artist from Lemon Pop Workshops and raft building. All of the young people had a fantastic time. The day was a huge success

and there was lots of fun had by all - including the staff.

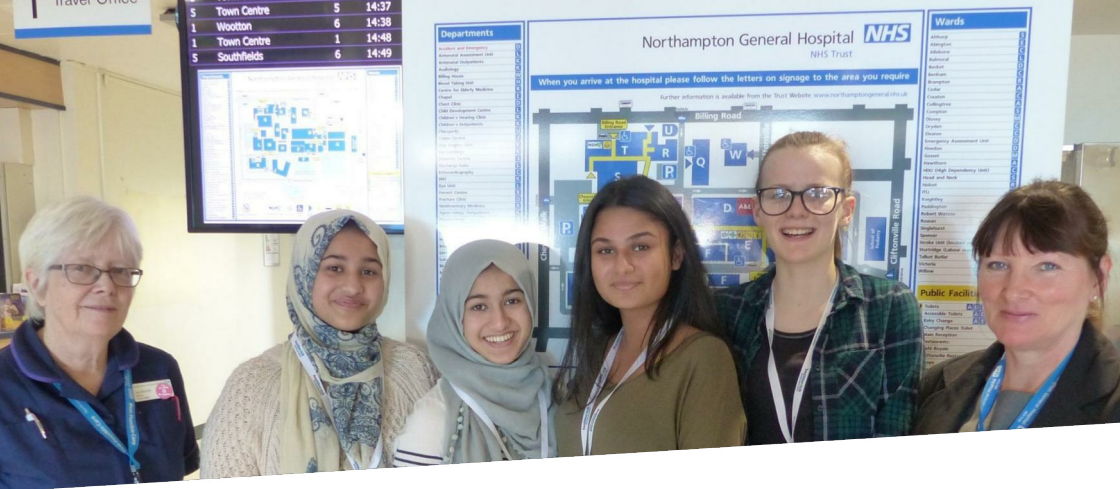
The day was a great success and we gained new volunteers and the young people identified their priority for the year-mental health.

It was decided that they wanted to meet every 6 weeks so we could work on more projects. The young people also nominated their new chairperson - Moriam.

More about the day can be read here

http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/relaunch_report.pdf

Being voted as chair of Young Healthwatch was a real pleasure. I think the work we do is vital and has a real impact locally - Moriam Young Healthwatch Northamptonshire chair.



Northampton General Hospital

Young Healthwatch Visit

Young Healthwatch visited Northampton General Hospital in October 2017, the visit was to look at the children's wards (Paddington and Disney) from the perspective of young people.

The visit was a fantastic success and a final report was written by the young people including recommendations for improvements and areas of good practice.

You can read the report here

http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/ng_h_reportfinal_120118.pdf



Community Engagement

The experiences of children and young people when they visit health and care providers

Throughout the spring and summer of 2017 we attended various events held by partners across the county. This enabled us to gain views from a diverse range of children, some of which had special educational needs and disabilities (SEND) or were in foster care. We asked them how it felt the last time they went to the Doctor or other health care provider.

We then compiled these in to a report with recommendations.

The full report can be read here

http://www.healthwatchnorthamptonshire.co.uk/sites/default/files/cyp_report.pdf

Award Winning Young Healthwatch

Investing in Children accreditation gained



In February 2018 Young Healthwatch gained the Investing in Children Award. The Investing in Children Membership Award™ gives organisations national recognition for the good practice and active inclusion of children and young people in dialogue resulting in change.

This was a fantastic achievement for every one involved and showed a real promise to the county that we are committed to listening, working with and supporting young people locally.

To achieve this standard Investing in Children needed to meet our team. This was done at one of our Young Healthwatch meetings by a member of the Investing in Children team - Bernie. This was a new experience for our members and he made sure that they all felt comfortable. They were interviewed in a group and are really proud of their achievements. below are some of the things they said.

"Esther knows we see things from a different perspective to adults so she encourages us to present our ideas in our own words"

"we feel part of changing things, we have gained a lot as individuals"

Smaller Projects

Other Work We Have Done



In our meetings we have worked on smaller projects. These include giving feedback to the developers of the NHS Go App. NHS Go is an app where you can find free/confidential health advice and local services. It is for young people designed by young people. The feedback will help with the continuation of the app development.

Young Healthwatch worked on the response to the local library consultations, writing the response themselves after discussing the options.

There has been work with Kettering General Hospital on their electronic patient feedback system.

Kettering General Hospital said: "The feedback from the group has been put forward as part of the final scope and we will certainly be coming back to share the outcome once this section goes live"

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Young Healthwatch Northamptonshire

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